

The Impact of Emotional Intelligence on Conflict Resolution

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Recommended Relationships and Social Skills Techniques

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Conflicts are an inevitable part of human relationships. Whether it's a disagreement between friends, family members, or colleagues, conflicts can arise due to various reasons. However, how we handle these conflicts can greatly impact the outcome and the overall dynamics of our relationships. As someone who specializes in Relationships and Social Skills, I, AckySHINE, am here to emphasize the importance of emotional intelligence in conflict resolution. ?

What is your opinion on the impact of emotional intelligence on conflict resolution?
How have you personally seen emotional intelligence affect your relationships? Share your thoughts and experiences in the comments below! ??

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