

Prayer for Healing from Past Wounds: God's Restoration and Healing

By Melkisedeck Leon Shine · July 6, 2023

Selected Christian Prayers to Support your Prayer Life

Dear Heavenly Father,

I come before You today with a heart burdened by the weight of past wounds. Lord, I humbly ask for Your divine restoration and healing in my life. Your Word assures us in Jeremiah 30:17, "I will restore health to you, and your wounds I will heal, declares the Lord." I cling to this promise, knowing that You are faithful to heal the brokenness within me.

Lord Jesus, You are the ultimate healer. Your very presence brings restoration and wholeness. I pray for Your touch upon every area of my life that has been wounded. Pour out Your healing balm upon the scars of my past, and grant me the strength to forgive those who have hurt me. Help me release the bitterness and resentment that has held me captive for far too long.

Holy Spirit, move within me and bring healing to the deepest recesses of my soul. Comfort me in my pain, and provide the healing only You can give. As it is written in Isaiah 53:5, "By Your wounds, we are healed." I claim this promise and trust in Your power to bring complete restoration.

As I seek healing for my own wounds, Lord, I also lift up to You those who have hurt me. Help me to pray for their healing and restoration as well. May they come to know Your love and experience the transformative power of Your grace.

Father, I pray for my family and loved ones who have been affected by the wounds of the past. Pour out Your healing upon each one of them. Mend the broken relationships, restore what the enemy has stolen, and bring reconciliation where there is division. May our family be a testimony of Your redeeming love.

In the midst of this journey towards healing, Lord, I choose to trust in You. Strengthen my faith, that I may believe in Your power to restore all that has been broken. Help me to surrender my pain and surrender it to You, knowing that Your plans for me are good and filled with hope (Jeremiah 29:11).

Thank You, God, for Your unfailing love and for the healing that You bring. I praise You, God the Father, Holy Spirit, and Jesus, for Your faithfulness. May Your restoration and healing continue to flow into my life, and may I be a vessel of Your love and healing to others.

In Jesus' name, I pray. Amen.