

Prayer for Strength in Times of Temptation: Overcoming Sin

By Melkisedeck Leon Shine · July 6, 2023

Selected Christian Prayers to Support your Prayer Life

Heavenly Father,

In times of temptation, when sin seeks to ensnare us, we come before Your throne of grace, seeking Your strength and guidance. Your word reminds us in 1 Corinthians 10:13, "No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it." Father, we cling to this promise, knowing that You are with us in our struggles.

Lord Jesus, we turn our eyes to You, for You overcame the temptations of this world. Your example teaches us to stand firm in the face of sin. Grant us the wisdom to recognize temptation and the strength to resist it. Help us remember Your words in Matthew 26:41, "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."

Holy Spirit, be our constant companion and guide as we navigate the treacherous path of temptation. Empower us to flee from all forms of evil, as stated in 1 Thessalonians 5:22, "Abstain from every form of evil." Fill us with Your discernment so that we may recognize the deceitful schemes of our adversary and be equipped to overcome them.

Our souls long for spiritual victory, dear Lord. Purify our hearts and minds, removing any impure thoughts or desires that may lead us astray. Help us to fix our eyes on what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy, as Your word instructs us in Philippians 4:8.

Loving Father, as we seek strength for ourselves, we also lift up our brothers and sisters who may be trapped in the snares of sin. We ask that You break the chains that bind them, setting them free to experience the abundant life You have promised. May they find solace in Your unwavering love and experience the transforming power of Your grace.

We pray for our families, Lord, that they may also find the strength to overcome temptation. Protect them from the evil one and guide them in the paths of righteousness. Grant us the wisdom and humility to lead by example, fostering an environment where holiness and righteousness flourish.

We put our trust in You, Almighty God, knowing that in Your strength we can endure any trial. Help us to remember that we are more than conquerors through Him who loved us, as proclaimed in Romans 8:37. May our faith in You be unwavering, even in the face of fierce temptation.

We thank You, God the Father, for Your unwavering love that sustains us. We thank You, Jesus, for Your victorious sacrifice that offers us forgiveness and redemption. We thank You, Holy Spirit, for Your constant presence that empowers us. May Your name

be forever praised and glorified.

In the precious name of Jesus, we pray. Amen.

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