

Prayer for Healing from Post-Traumatic Stress Disorder: God's Peace and Healing

By Melkisedeck Leon Shine · July 6, 2023

Selected Christian Prayers to Support your Prayer Life

Heavenly Father, We come before Your throne of grace with heavy hearts, seeking Your divine intervention for those who are suffering from the torment of Post-Traumatic Stress Disorder. We acknowledge that You are the ultimate healer, and we humbly ask for Your peace and healing to touch their lives.

In Your Word, You have promised us in Isaiah 41:10, "Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." Father, we cling to these words and ask that You strengthen those afflicted by PTSD, lifting their burdens and replacing them with Your perfect peace.

Lord Jesus, You have compassionately walked among us, healing the sick and wounded, both physically and spiritually. We implore You, our Savior, to extend Your healing touch to those whose minds have been scarred by traumatic events. May Your love penetrate the deepest recesses of their souls, bringing restoration and freedom from the chains of fear and anxiety.

Holy Spirit, we invite Your presence to dwell within each person affected by PTSD. Fill their minds and hearts with Your comforting presence, soothing their pain and replacing it with Your abundant joy. Guide them in their journey towards healing, leading them to the resources and support they need, both within the church community and the medical field.

In this spiritual battle, we stand firm in our faith, knowing that You are our ever-present help in times of trouble. We declare in Romans 8:28, "And we know that for those who love God all things work together for good, for those who are called according to his purpose." Father, we trust that You will use even this painful experience for the good of those who love You, bringing forth resilience, understanding, and compassion.

As we lift up our prayers, we also intercede for the families of those affected by PTSD. Grant them strength, patience, and wisdom as they support their loved ones through this challenging journey. May they find solace in Your unwavering presence, knowing that You are the anchor of their souls.

We express our sincerest gratitude, Heavenly Father, for the promise of Your healing and peace. We believe in Your power to restore and redeem. Help us, Lord, to be channels of Your love and compassion, offering our support and understanding to those who are hurting. Let Your healing flow through us to bring comfort and hope.

We pray all these things in the precious name of Jesus, who taught us to pray, saying, "Our Father, who art in heaven, hallowed be thy name..." Thank you, God, God the Father, Holy Spirit, and Jesus. Amen.