

How to Trust God in the Midst of Storms: 15 Strategies for Faith

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Christian Reflections to Build your Faith, By Melkisedeck Leon Shine

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In life, we often find ourselves facing storms that threaten to overwhelm us. These storms can come in various forms - financial struggles, health issues, broken relationships, or even the loss of a loved one. When faced with such storms, it can be challenging to trust in God and have faith that He will see us through. However, as Christians, we can find solace and strength in the promises and teachings of the Bible. Let's explore 15 strategies for trusting God in the midst of storms, backed by biblical examples and teachings.

1 Seek God's Presence: In the midst of a storm, seek solace in God's presence. Turn to Him in prayer and meditation, allowing His peace to fill your heart. As the Psalmist writes in Psalm 91:1, "Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty."

2 Remember God's Promises: Remind yourself of the promises God has made to His children. One such promise is found in Isaiah 43:2, "When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you." Trust that God is faithful and will fulfill His promises.

3 Trust in God's Timing: Understand that God's timing is perfect. Even when storms seem to drag on, have faith that God is working behind the scenes to bring about His plans for your life. As Ecclesiastes 3:11 reminds us, "He has made everything beautiful in its time."

4 Lean on Scripture: Find comfort and guidance in the Word of God. The Bible is filled with stories of people who faced storms and persevered through their faith. Meditate on verses such as Romans 8:28, "And we know that in all things God works for the good of those who love him, who have been called according to his purpose."

5 Surrender Control: Release your need for control and surrender your fears and worries to God. Allow Him to take the helm and guide you through the storm. Jesus Himself taught this lesson in Matthew 8:26 when He calmed the raging sea, saying, "You of little faith, why are you so afraid?"

6 Surround Yourself with Support: Seek the support and encouragement of fellow believers. Share your burdens with trusted friends or join a small group or prayer community. Galatians 6:2 reminds us, "Carry each other's burdens, and in this way, you will fulfill the law of Christ."

7 Keep an Eternal Perspective: Remember that this storm is temporary. Focus on the eternal promises of God rather than the temporary challenges you face. As Paul writes in 2 Corinthians 4:17, "For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all."

8 Practice Gratitude: Cultivate a spirit of gratitude even in the midst of the storm. Count your blessings and give thanks to God for His faithfulness. Psalm 100:4 urges us, "Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name."

9 Trust in God's Provision: Believe that God will provide for your needs. Just as He fed the Israelites with manna in the wilderness, He will supply all that you need to endure the storm. Philippians 4:19 assures us, "And my God will meet all your needs according to the riches of his glory in Christ Jesus."

? Seek Wisdom: In times of uncertainty, seek wisdom from God. Ask for discernment and guidance, knowing that He will provide the answers you seek. Proverbs 3:5-6 advises, "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

11 Strengthen Your Faith: Use the storm as an opportunity to deepen your faith. Recall the story of Peter walking on water in Matthew 14:29-31. Though he faltered momentarily, Jesus caught him and said, "You of little faith, why did you doubt?"

12 Practice Forgiveness: Extend forgiveness to those who have wronged you, even in the midst of the storm. Jesus taught forgiveness in Matthew 6:14-15, saying, "For if you forgive other people when they sin against you, your heavenly Father will also forgive you."

13 Focus on God's Power: Fix your gaze upon the power of God rather than the size of the storm. Remember the words of Jesus in Luke 8:24, "Where is your faith?" he asked his disciples. "In fear and amazement, they asked one another, 'Who is this? He commands even the winds and the water, and they obey him.'"

14 Walk in Obedience: In the midst of the storm, remain obedient to God's commands. Just as Noah faithfully followed God's instructions to build the ark, trust that obedience will lead you to safety. Genesis 7:5 recounts, "And Noah did all that the Lord commanded him."

15 Rest in God's Love: Above all, rest in the unfailing love of God. He cares for you deeply and desires to carry you through the storm. Psalm 46:10 reminds us, "Be still and know that I am God."

As we navigate the storms of life, let us remember that our faith in God is our anchor. May these strategies for trusting God in the midst of storms bring you peace, strength, and an unwavering faith. Trust in Him, love Him, and believe that He will see you through every storm. May God's blessings be upon you. Amen. ??